

Volunteer Assistant – Rainbow Centre

Role Description

About us

The Rainbow Day Centre is specially adapted for adults with disabilities. It has a large accessible Kitchen and Dining Room, a Games Room, an Activities Room, and a Changing Room with Overhead Hoist. We also have Computers and Laptops available for everything from Music to Gaming, as well as Overhead Projectors and a Sound System which is great for Movie Afternoons. We have a Sensory Room, Wet Room and Hairdressing Salon as well as a lovely Sensory Garden.

Volunteer Role

Volunteers are asked to commit to one day per week from 9.30am to 3.30pm. You do not need to have any qualifications – just a friendly personality, be reliable, trustworthy and the ability to communicate.

You will work alongside our Support Workers to ensure our clients get the most out of their time at the Rainbow Day Centre. This includes cooking, trips out, arts and crafts, IT, games, gardening and sports. All the activities are designed to support our clients increase their confidence, develop life skills and create friendships.

Volunteers will need to agree to have a DBS check. Volunteers are also welcome to participate in some of our training and this will be discussed with the Centre Manager.

This is a great role for someone who would like to gain experience working with adults with disabilities.

To apply

If you would like to volunteer please email volunteering@carerschoices.org or call 01268 881130 for more information.